

RESOURCES

HOPELINE

Text “HOPELINE” to 741741 or go to www.centerforsuicideawareness.org for 24/7 free trained crisis counselors.

211 Wisconsin

<https://211wisconsin.communityos.org/>

Painting Pathways - Manitowoc

<https://paintingpathways.org/>

Youth Lifeline

<https://suicidepreventionlifeline.org/help-yourself/youth/>

Suicide Prevention

<https://dpi.wi.gov/sspw/mental-health/youth-suicide-prevention>

Adverse Childhood experiences - CDC

https://www.cdc.gov/violenceprevention/childabuseandneglect/acestudy/index.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fviolenceprevention%2Facestudy%2Findex.html

SAMHSA Behavioral Health Services locator

<https://findtreatment.samhsa.gov/>

Healthy Safe Children

<https://healthysafechildren.org/>

Mental Health America

<https://www.mhanational.org/about>